FIFTH AVENUE 50PLUS ACTIVITY CENTRE – 170-5TH AVENUE S.E., SALMON ARM, B.C., PHONE: 250-832-1065 website: 5thaveseniors.org

OFFICE HOURS: 9:00 am - 4:00 pm Monday, Tuesday and Thursday; 9:00 am – 12:30 pm Friday; CLOSED Wednesday

December 2026 v2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUD – Auditorium CR – Craft Room DR – Dining Room PR – Pool Room R - Rental X – Extra Fees Appl	Minimum $2.00 drop-in fee for all activities plus some activities have an additional fee between $3.00 -$10.00 if instructor led class	1 9:00 Friends Fitness – Aud (X) 9:30 Carvers – CR 10:00 Ladies Pool – PR 10:30 Floor Curling - Aud 11:30 Book Club #1 & #2 - CR 1:30 Games (Euchre) – DR 1:30 Intermed Line Dance – Aud 2:30 5 Crown card Game - DR 4:30 Chair Yoga Beg. welcome – Aud (X)	2 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Sr Dance Zumba- Aud (X) 1:00 Texas Hold'Em – CR 1:30 Stroke Recovery Private -Aud (R) 2:00 Ukulele - DR 3:45 Stretch & Strength – Aud (X) 5:30 Intermediate Tai Chi – Aud 6:45 SA Squares – Aud (R) 7:00 Rental – CR	3 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR ~~10:15 Beginner Tai Chi - Aud~~ 1:00 Social Bridge – CR 1:30 Table Tennis – Aud 2:00 Crib - DR 7:00 Crib – DR 7:00 Beg. Line Dance – Aud (R)	4 9:30 Sing-A-Long - Aud 10:00 Canasta – CR 12:30 Painters Group – CR 1:00 Intermed Line Dance – Aud 3:00 Intermediate Tai Chi – Aud 6:30 Bingo – Aud 7:00 Rental - CR	5 See you at The Legion meat draw 1:00 – 4:00 pm
6 10:30 Spiritualist Church–Aud (R) 12:30 Duplicate Bridge - DR 3:30 Pentecostal Church – Aud (R)	7 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Strength & Stretch – Aud (X) 1:30 Begin Line Dance – Aud 4:00 Sr Dance Zumba – Aud (X) 5:30 Intermediate Tai Chi – Aud	8 9:00 Friends Fitness – Aud (X) 9:30 Carvers – CR 10:00 Ladies Pool – PR 10:30 Floor Curling - Aud 1:30 Games (Euchre) – DR 1:30 Intermed Line Dance – Aud 2:30 – 5 Crown card Game - DR 4:30 Chair Yoga Inter. – Aud (X)	9 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Sr Dance Zumba- Aud (X) 1:00 Texas Hold'Em – CR 3:45 Stretch & Strength – Aud (X) 5:30 Intermediate Tai Chi – Aud 6:45 SA Squares – Aud (R) 7:00 Rental - CR	10 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi - Aud 1:00 Social Bridge – CR 1:30 Table Tennis – Aud 2:00 Crib - DR 7:00 Crib – DR 7:00 Beg. Line Dance – Aud (R)	11 9:30 Sing-A-Long - Aud 10:00 Canasta – CR 12:30 Painters Group – CR 1:00 Intermed Line Dance – Aud 3:00 Intermediate Tai Chi – Aud 6:30 Bingo – Aud 7:00 Rental – CR **KITCHEN CLOSED**	12 **CHRISTMAS PARTY** Doors Open: 4 pm Dinner: 5 pm

CENTRE WILL BE CLOSED FROM DECEMBER 14 AND WILL REOPEN MONDAY, JANUARY 4.
THERE MAY BE SOME ACTIVITIES ONGOING DURING THE CLOSURE. PLEASE CHECK WITH YOUR FACILITATOR.