

September, 2026 v3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUD – Auditorium CR – Craft Room DR – Dining Room PR – Pool Room R - Rental X – Extra Fees Appl	Minimum \$2.00 drop-in fee for all activities plus some activities have an additional fee between \$3.00 - \$10.00 if instructor led class	1 10:00 Ladies Pool – PR 1:30 Book Club #2 - CR 4:30 Chair Yoga – Aud (X)	2 8:30 Table Tennis – Aud 10:00 Canasta – CR 1:00 Texas Hold’Em – CR 5:30 Intermediate Tai Chi – Aud	3 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi - Aud 1:00 Social Bridge – CR 1:30 Table Tennis – Aud 7:00 Crib – DR 7:00 Beg. Line Dance – Aud (R)	4 12:30 Painters Group – CR 3:00 Intermediate Tai Chi – Aud 6:30 Bingo – Aud	5
6 10:30 Spiritualist Church–Aud (R) 3:30 Pentecostal Church – Aud (R)	7 LABOUR DAY CENTRE CLOSED	8 9:00 Friends Fitness – Aud (X) 9:30 Carvers – CR 10:00 Ladies Pool – PR 1:30 Games (Euchre) – DR 1:30 Intermed Line Dance – Aud 4:30 Chair Yoga – Aud (X) 7:00 Rental - Aud	9 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Sr Dance Zumba – AUD (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private- Aud (R) 3:45 Stretch & Strength – Aud (X) 5:30 Intermediate Tai Chi – Aud	10 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi - Aud 1:00 Social Bridge – CR 2:00 Crib - DR 1:30 Table Tennis – Aud 7:00 Crib – DR 7:00 Beg. Line Dance – Aud (R)	11 9:30 Sing-A-Long - Aud 10:00 Canasta – CR 12:30 Painters Group – CR 1:00 Intermed Line Dance – Aud 3:00 Intermediate Tai Chi – Aud 6:30 Bingo – Aud	12
13 8 – 11:30 am – PANCAKE BREAKFAST 12:30 Duplicate Bridge – DR 3:30 Pentecostal Church – Aud (R)	14 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Strength & Stretch – Aud (X) 1:00 Board Meeting - CR 1:30 Begin Line Dance – Aud 4:00 Sr Dance Zumba – Aud (X) 5:30 Intermediate Tai Chi – Aud 7:00 Camera Club – Aud (R)	15 9:00 Friends Fitness – Aud (X) 9:30 Carvers – CR 10:00 Ladies Pool – PR 11:30 Power Pioneers - Aud 1:00 Crafts -CR 1:30 Games (Euchre) – DR 1:30 Intermed Line Dance – Aud 4:30 Chair Yoga – Aud (X) 7:00 Spiritualist Church – Aud	16 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Sr Dance Zumba- Aud (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private -Aud (R) 2:00 Ukulele - DR 3:45 Stretch & Strength – Aud (X) 5:30 Intermediate Tai Chi – Aud 6:45 SA Squares – Aud (R)	17 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi – Aud 11:30 BCGREA 1:00 Social Bridge – CR 2:00 Crib - DR 1:30 Table Tennis – Aud 7:00 Crib – DR 7:00 Beg. Line Dance – Aud (R)	18 9:30 Sing-A-Long – Aud 10:00 Canasta – CR 12:30 Painters Group – CR 1:00 Intermed Line Dance – Aud 3:00 Intermediate Tai Chi – Aud 6:30 Bingo – Aud	19
20 10:30 Spiritualist Church–Aud (R) 12:30 Duplicate Bridge - DR 3:30 Pentecostal Church – Aud (R)	21 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Strength & Stretch – Aud (X) 1:30 Begin Line Dance – Aud 1:30 Book Club #1 - CR 4:00 Sr Dance Zumba – Aud (X) 5:30 Intermediate Tai Chi – Aud 6:45 Rental - Aud	22 9:00 Friends Fitness – Aud (X) 9:30 Carvers – CR 10:00 Ladies Pool – PR 1:00 Crafts -CR 1:30 Games (Euchre) – DR 1:30 Intermediate Line Dance - Aud 4:30 Chair Yoga - Aud (X) 6:30 Garden Club – Aud (R)	23 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Sr Dance Zumba- Aud (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private- Aud (R) 3:45 Stretch & Strength – Aud (X) 5:30 Intermediate Tai Chi – Aud 6:45 SA Squares – Aud (R)	24 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi – Aud 1:00 Social Bridge – CR 2:00 Crib - DR 1:30 Table Tennis – Aud 7:00 Crib – DR 7:00 Beg. Line Dance – Aud (R)	25 9:30 Sing-A-Long – Aud 10:00 Canasta – CR 12:30 Painters Group – CR 1:00 Intermed Line Dance – Aud 3:00 Intermediate Tai Chi – Aud 6:30 Bingo – Aud	26 Rental – Aud 7 – 1 pm Rental – CR 10 – 4 pm
27 Rental – CR – 10 – 4 pm 10:30 Spiritualist Church–Aud (R) 12:30 Duplicate Bridge - DR 3:30 Pentecostal Church – Aud (R)	28 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Strength & Stretch – Aud (X) 1:30 Begin Line Dance – Aud 4:00 Sr Dance Zumba – Aud (X) 5:30 Intermediate Tai Chi – Aud 7:00 Camera Club – Aud (R)	29 9:00 Friends Fitness – Aud (X) 9:30 Carvers – CR 10:00 Ladies Pool – PR 1:00 Crafts -CR 1:30 Games (Euchre) – DR 1:30 Intermed Line Dance – Aud 4:30 Chair Yoga – Aud (X)	30 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Sr Dance Zumba- Aud (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private- Aud (R) 3:45 Stretch & Strength – Aud (X) 5:30 Intermediate Tai Chi – Aud 6:45 SA Squares – Aud (R)			