

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUD – Auditorium CR – Craft Room DR – Dining Room PR – Pool Room R - Rental X – Extra Fees Appl	Minimum \$2.00 drop-in fee for all activities plus some activities have an additional fee between \$3.00 -\$10.00 if instructor led class					1 Rental – AUD 11:00 am – 4:00 pm
2 10:30 Spiritualist Church–Aud (R) 3:30 Pentecostal Church – Aud (R)	3 BC DAY 8:30 Table Tennis – Aud	4 9:00 Friends Fitness – Aud (X) 10:00 Ladies Pool – PR 12:00 Book Club #1 & #2 - DR 4:30 Chair Yoga - Aud (X)	5 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Zumba – Aud (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private -Aud (R) 5:30 Intermediate Tai Chi – Aud	6 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi - Aud 1:00 Social Bridge – CR 1:30 Table Tennis – Aud 7:00 Beg. Line Dance – Aud (R)	7 12:30 Painters Group – CR 3:00 Intermediate Tai Chi - Aud	8
9 3:30 Pentecostal Church – Aud (R)	10 8:30 Table Tennis – Aud 10:30 Strength & Stretch – Aud (X) 1:30 Begin Line Dance – Aud 1:30 Board Meeting - CR 5:30 Intermediate Tai Chi – Aud	11 9:00 Friends Fitness – Aud (X) 10:00 Ladies Pool – PR 4:30 Chair Yoga – Aud (X) 7:00 Spiritualist Church - Aud	12 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Zumba – Aug (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private -Aud (R) 5:30 Intermediate Tai Chi – Aud	13 9:00 Friends Fitness – Aud (X) 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi - Aud 1:00 Social Bridge – CR 1:30 Table Tennis – Aud 7:00 Beg. Line Dance – Aud (R)	14 12:30 Painters Group – CR 3:00 Intermediate Tai Chi - Aud	15
16 10:30 Spiritualist Church–Aud (R) 3:30 Pentecostal Church – Aud (R)	17 8:30 Table Tennis – Aud 1:30 Book Club#1 - CR 1:30 Begin Line Dance – Aud 5:30 Intermediate Tai Chi – Aud	18 10:00 Ladies Pool – PR 4:30 Chair Yoga - Aud (X)	19 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Zumba – Aud (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private- Aud (R) 5:30 Intermediate Tai Chi – Aud	20 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi – Aud 1:00 Social Bridge – CR 1:30 Table Tennis – Aud 7:00 Beg. Line Dance – Aud (R)	21 12:30 Painters Group – CR 3:00 Intermed Tai Chi – Aud	22
23 10:30 Spiritualist Church–Aud (R) 3:30 Pentecostal Church – Aud (R)	24 8:30 Table Tennis – Aud 10:30 Strength & Stretch – Aud (X) 1:30 Begin Line Dance – Aud 5:30 Intermediate Tai Chi – Aud	25 9:00 Friends Fitness – Aud (X) 10:00 Ladies Pool – PR 4:30 Chair Yoga – Aud (X)	26 8:30 Table Tennis – Aud 10:00 Canasta – CR 10:30 Zumba – Aud (X) 1:00 Texas Hold’Em – CR 1:30 Stroke Recovery Private- Aud (R) 5:30 Intermediate Tai Chi – Aud	27 10:00 Yoga for Cancer – CR 10:15 Beginner Tai Chi – Aud 1:00 Social Bridge – CR 1:30 Table Tennis – Aud 7:00 Beg. Line Dance – Aud (R)	28 12:30 Painters Group – CR 3:00 Intermed Tai Chi – Aud	29
30 10:30 Spiritualist Church–Aud (R) 3:30 Pentecostal Church – Aud (	31 8:30 Table Tennis – Aud 1:30 Begin Line Dance – Aud 5:30 Intermediate Tai Chi – Aud					