

CENTRE ACTIVITIES – OCTOBER, 2024

AUD – Auditorium

PR – Pool Room

DR – Dining Room

CR – Craft Room

Cards				
Bridge (Duplicate)	DR	Sunday, 12:30 pm – 4:30 pm		\$2.00
Bridge (Social)	CR	Thursday, 1:00 pm – 3:00 pm		\$2.00
Canasta	CR	Monday, 10:00 am - 12:00 pm Noon		\$2.00
Canasta	CR	Wednesday, 10:00 am – 12:00 Noon		\$2.00
Canasta	CR	Friday, 10:00 am – 12:00 Noon		\$2.00
Crib	DR	Monday, 2:00 pm- 4:00 pm		\$2.00
Crib	DR	Thursday, 7:00 pm – 9:00 pm		\$2.00
Euchre	DR	Tuesday, 1:30 pm – 3:30 pm		\$2.00
Texas Hold'Em	CR	Wednesday, 1:00 pm – 3:00 pm		\$2.00
Music				
Reveller's Sing-A-Long	AUD	Friday, 9:30 am to 11:15 am		\$2.00
Ukulele	DR	1 st & 3 rd Wednesday, 2:30 pm – 3:30 pm		\$2.00
Dance				
Line Dance (Beginner)	AUD	Monday, 1:00 pm – 3:00 pm	Except Oct 21, 2:00 – 3:00	\$2.00
Line Dance (Intermed)	AUD	Tuesday, 1:15 pm – 2:15 pm		\$2.00
Line Dance (Intermed)	AUD	Friday, 1:15 pm – 2:15 pm		\$2.00
Exercise				
Chair Yoga	AUD	Monday, 10:30 am - 11:30 am	On Hold until January/25	\$2 + \$8
Chair Yoga Strength/Tone	AUD	Thursday, 10:15 pm – 11:15 am	Until Oct 24 Then 12:15-1:15	\$2 + \$8
Friends & Fitness	AUD	Tuesday, 9:00 am - 10:00 am		\$2 + \$5
Friends & Fitness	AUD	Thursday, 9:00 am – 10:00 am		\$2 + \$5
Seniors Dance Fit	AUD	Wednesday, 10:30 am – 11:30 am		\$2 + \$8
Table Tennis	AUD	Monday 8:30 am – 10:30 am		\$2.00
Table Tennis	AUD	Wednesday, 8:30 am – 10:30 am		\$2.00
Table Tennis	AUD	Thursday, 1:30 pm – 3:30 pm		\$2.00
Table Tennis (Singles)	AUD	Thursday, 3:30 pm – 5:00 pm		
Tai Chi (Beginner)	AUD	1 st , 2 nd , 4 th Thursday, 10:15 am–11:30 am	Starts Oct 24	\$2.00
Tai Chi (Intermediate)	AUD	Monday, 5:30 pm – 6:30 pm		\$2.00
Tai Chi (Intermediate)	AUD	Wednesday, 5:30 pm – 6:30 pm		\$2.00
Tai Chi (Intermediate)	AUD	Friday, 3:00 pm – 4:00 pm		\$2.00
Yoga for Cancer	CR	Thursday, 10:00 am – 11:30 am		\$2.00
Games				
Scrabble	DR	Tuesday, 1:30 pm – 3:30 pm		\$2.00
Backgammon	DR	Tuesday, 1:30 pm – 3:30 pm		
Miscellaneous				
Bingo	AUD	Friday, 6:30 pm - (5 pm doors open)		N/A
Book Club	CR	3 rd Monday, 1:30 pm – 3:30 pm	Activity Full	\$2.00
Carvers	CR	Tuesday, 9:30 am – 11:30 am		\$2.00
Floor Curling	AUD	Tuesday, 10:15 am – 11:15 am	Start Oct 2	\$2.00
Painters Group	CR	Friday, 12:30 pm –3:30 pm		
Pool (Ladies)	PR	Tuesday, 10:30 am – 12:00 Noon		\$2.00
Pool	PR	Mon-Fri 9:00 am – 4:00 pm	Except Tuesday 10:30 - Noon	\$2.00/hr
Toastmasters	CR	Thursday, 7:00 pm – 9:00 pm		\$2.00

Comment: Some activities break for the summer while others take place all year round. For those that take a break, the Fall start-up date has been included.