

# Our Centre Only Thrives With Active Members Volunteers Needed

We are looking for members to :

- Help to run our Rainbow Cafe
- Help staff our front office
- Support the centres' regular maintenance
- Volunteer your accounting/financial skills
- Submit your name for election to our Board

Please contact our office:

Phone (250) 832-1065

email [5thAveSeniors@gmail.com](mailto:5thAveSeniors@gmail.com)

If you have expertise not mentioned above but would like to help please list below.

Area(s) in which you can help \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

\_\_\_\_\_